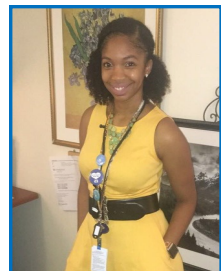


**St. Mary's Welcomes...**

**Yoland Moriah** as our New Social Worker. She graduated from Fordham University with a Masters in Social Work. Yoland was a recent Social Work Intern at St. Mary's. Yoland comes to St. Mary's with over 7 years of experience supporting individuals with special needs. Yoland can be reached at 718- 281-8944.



**St. Mary's Welcomes...**

**Marion Smith, RN, MS, MBA** as the Assistant Director of Nursing of 3 Children's & 4 Children's Unit this past winter. Ms. Smith comes to SMH with over 25 years experience, in both Acute Care and Rehabilitation facilities. A Big Welcome to Marion!



**St. Mary's says farewell to ...**

**Annamma Mathew, RN** after 25 years of service. Ms. Mathew's supervised units and provided direct patient care as a staff nurse on the Toddler Unit. As Ms. Mathew begins this new chapter in her life, we would like to wish her well and hope she is blessed with much happiness and good health.



**Our Commitment to Patient -and- Family Centered Care**

The staff at St. Mary's continue to focus on building strong family partnerships and improving communication. We want to ensure that residents and families are at the center of every resident care decision made.



**Friendly Reminder**

**How do you keep yourself, your families healthy?**

Please make sure that all your family members especially your other children have received all your vaccinations which are recommended.

•Please vaccinate yourself and all your family members with the FLU vaccine every year.

•Please notify the Nursing staff if you or any other member of your family is sick at home.

•Please do not come to visit if you have a fever, runny nose, deep cough of prolonged period, or any skin infection.

•Please cover your nose and face with a tissue or your elbow when you cough or sneeze. Do not use a hand kerchief.

**Contact Us...**

<p><b>Ombudsman</b> 212.812.2911</p>	<p><b>Maggie Sidarous</b> Administrator, Administration 718.281.8764 msidarous@stmaryskids.org</p>
<p><b>Nursery Unit</b> Nurses Station: 718.281.8730 <b>Vanessa White, Social Worker:</b> 718.281.8530 <b>Eileen Alvarez, Asst. Dir Nursing:</b> 718.281.8808</p>	<p><b>Toddlers Unit</b> Nurses Station: 718.281.8740 <b>Sheena Mathew, Social Worker:</b> 718.281.8805 <b>Eileen Alvarez, Asst. Dir Nursing:</b> 718.281.8808</p>
<p><b>Children's Unit 3</b> Nurses Station: 718.281.5820 <b>Desiree Borre, Social Work Supervisor:</b> 718.281.3985 <b>Marion Smith, Asst. Dir Nursing:</b> 718.819.2752</p>	<p><b>Children's Unit 4</b> Nurses Station: 718.281.5830 <b>Katie Haas, Social Worker:</b> 718.281.8921 <b>Marion Smith, Asst. Dir Nursing:</b> 718.819.2752</p>
<p><b>Brenda Mamber</b> Director, Patient &amp; Family Services Grievance Official 718.281.8952 bmamber@stmaryskids.org</p>	<p><b>Roselyn Vasquez</b> Coordinator, Patient &amp; Family Experience 718.281.8826 rvasquez@stmaryskids.org</p>
<p><b>Yoland Moriah, LMSW</b> Social Worker 718.281.8944</p>	<p><b>Tiffany Damers</b> Director, Rehabilitation Services 718.819.2854 tdamers@stmaryskids.org</p>

St. Mary's Healthcare System For Children  
29-01 216th Street | Bayside, NY 113607  
719. 281.8800 www.stmaryskids.org

Fall 2018



**St. Mary's Summer Fun Day in Review**

**World Tour Family Fun Day**

St. Mary's is proud to celebrate our families Cultural Diversity. On Sunday, October 14th, we will be hosting World Tour Family Fun Day. There will be Flags from different countries and cultural garments will be displayed. All are welcome! As part of celebrating St. Mary's multicultural festivity, we ask that families come wearing traditional clothing or carrying a flag. Raffle tickets will be issued to participating families for a chance to win a prize.



**Family Advisory Council**

We hope to welcome you at the **October 14th** Family Advisory Council, starting at 2pm. We want to hear your thoughts on new programs and continue to partner with you on ways to ensure that our patient and families are at the center of care at St. Mary's.

\* See inserts for further information.



Next Family Day at St. Mary's Sunday, October 14th!

2:00 - 3:30  
Family Advisory Council & Sibling Hour

**World Tour Family Fun Day**



3:30 - 5:00  
Family Fun Day

For more information on our family programs contact Rosey Vasquez at 718.281.8826 or rvasquez@stmaryskids.org





## Here's What's Happening at stmaryskids

### September

9	Project Sunshine on units 1-3 , 1pm
21	Meet & Greet for Latin Families 3:00pm —4:00pm , Ground floor Conference Room

### October

6	St. Mary's Children Fundraiser Fall Festival All Families and Siblings welcome to attend. 11am
13	St. John's Art Workshop , Music Room, 1pm
14	Family Day at St. Mary's *to attend please RSVP <a href="mailto:rvasquez@stmaryskids.org">rvasquez@stmaryskids.org</a> or 718.281.8826 Family Advisory Council 2:00 - 3:30pm - Ground Floor Conference Room Family Fun Day - World Tour 3:30 - 5:00pm , Music Room
27	Empire Saber Guide, Music Room, 1pm

### November

4	Friends of St. Mary's, 10am
10	Project Sunshine on units 1-3 , 1pm

### December

8	Project Sunshine on units 1-3 , 1pm
9	St. Mary's Kids Party, Music Room
EVERY MONDAY Farm to Table Cooking Group 3:00pm - 3:30pm, 4th floor Great Room	
EVERY SUNDAY Catholic Service 12:45 pm , St. Mary's Chapel	

We encourage families to join us as often as you can.

For more information about the Project Sunshine programs on the calendar , please visit their website [www.projectsunshine.org](http://www.projectsunshine.org)



### St. Mary's Siblings Group

We are hosting monthly siblings group led by Social Work staff to develop positive coping skills, gain peer support and enhance self-awareness through the use of social work therapeutic interventions, music therapy, and therapeutic art activities. Please call **Sheena Mathew, LMSW 718-281-8805** or **Katie Haas, LMSW 718-281-8921** to register your child. When you RSVP (register) please provide the child's name, age and number of siblings attending.

*\*All Children must be between the ages of 5-17, pre-registered and parents may not leave St. Mary's while children are participating in the group.*

#### SCHEDULE:

October 8 <sup>th</sup> (Columbus Day)	2:00PM-3:30PM
November 6 <sup>th</sup> (Election Day)	2:00PM-3:30PM
December 28 <sup>th</sup> (Winter Break)	2:00PM-3:30PM

Please note, activities are subject to change. For the most up to date information email [recreationtherapy@stmaryskids.org](mailto:recreationtherapy@stmaryskids.org)



Parents are encouraged to get a flu shot. St Mary's is offering free flu shots to parents/guardians. Please see the schedule posted on the **Family Information Board** near the elevators.

St. Mary's will continue to host monthly Meet and Greet gathering for Spanish speaking families. The next gathering is scheduled for **Thursday, October 18, 2018 at 3pm**. For more information on how to attend please call Rosey Vasquez, Patient Family Experience Coordinator (718) 281-8826 or Desiree Borre, SW Supervisor (718) 281-3985.



*Complimentary Van Service—  
Temporarily on hold*

Helping Families stay connected is important to us. While we seek a new driver, our Van service will not be operating. Please see your social worker if you have transportation needs.



### New Bedside Entertainment Devices coming to St. Mary's

Our current removed and all have an IPAD at



devices will be residents will soon their bedside.

The project will begin late Fall and will be completed in Winter 2019.

Please let us know if you can recommend an IPAD app that can benefit you or your child

St. Mary's acknowledges The Bungie Foundation for their generous donation.



Thank you for your patience

The construction of our new 21- bed unit is right on schedule to open at the end of the year.

We are excited to tell you more and to offer you a tour of the new unit as it gets closer.

We will be personally reaching out to all families with more information and opportunities for discussion.

Please call **Brenda Mamber** in Patient Family Services should you have any questions or concerns. 718 281-8952

### Food Safety Tips



#### Bringing in food from outside:

- \* Must be compliant with your child's diet order
- \* Must not be shared with other residents
- \* Nursing must be notified before giving your child food from outside
- \* Food must be labeled and dated and stored in the great room Resident Refrigerator
- \* Will be discarded after **48 hours**.

**Clean:** Wash hands before and after handling food

**Separate:** Keep raw meat and poultry apart from foods you will not cook

**Thaw:** in refrigerator, under cold running water or microwave

**Cook:** to min internal temps . Beef, pork, lamb, veal – 145 degrees Fahrenheit. Ground meat (including beef, veal, pork, lamb) – 160 degrees Fahrenheit Poultry – 165 degrees Fahrenheit

**Chill:** refrigerate foods within 2 hours

**Transport:** in a cooler or appropriate container to maintain proper temperature.