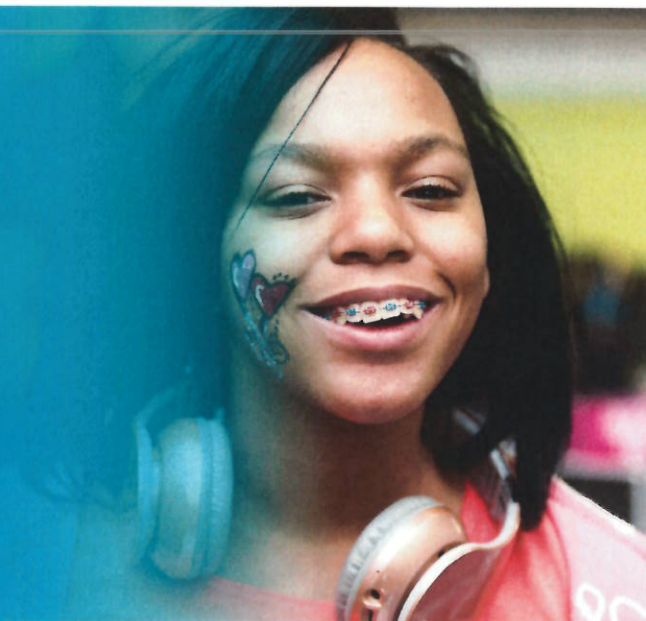


# Medical Day Healthcare Program



## Therapeutic After School, Young Adult and Weekend Program

### Program Highlights

- Nursing care
- Rehabilitative services
- Daily hot meals
- Nutritional counseling
- Healthy cooking groups
- Indoor/outdoor sports and play
- Transportation to/from program
- Academic support and homework assistance
- Community integration
- Independence with ADL skills
- Socialization & confidence building

**St. Mary's Healthcare System for Children**, a national leader in pediatric post-acute care, offers dynamic after-school, weekend, and summer camp programs for children ages 5-18 years and young adults from 18-30 years of age who have medical, physical, and developmental disabilities. Located on the park-like grounds of St. Mary's flagship facility in Bayside, NY, St. Mary's Medical Day Healthcare Program provides therapeutic, rehabilitative, and recreational activities to help children and young adults with special healthcare needs reach their full potential.

Children receive state-of-the-art rehabilitative and medical care while participating in a variety of supervised indoor and outdoor play, sports, arts & crafts, and other fun therapeutic recreation and social activities. The program also includes on-site homework assistance, a hot meal, and round-trip transportation.

The Young Adult program includes a focus on vocational skills. St. Mary's counselors work with participants to promote their skills, confidence, and independence in a nurturing and fun environment. Family members are also educated on the critical roles they play in the child's success.

### Eligibility

The program is open to children 5-18 years of age and young adults from 18-30 years of age who have a medical diagnosis and a physical and/or developmental delay. The child must be eligible for Medicaid or Managed Medicaid and require medical services or therapy and not receive those services in the home or through another agency.

**For more information or to request a phone interview to verify a child's eligibility, please contact St. Mary's Medical Day Healthcare Program at 718-281-8729.**

Dear Parent/Guardian,

Thank you for your interest in the Medical Day Healthcare Program (MDHC) at St. Mary's Hospital for Children. The MDHC Program is a medical model program that consists of a young adult, after-school and Saturday program for participants who have cognitive/physical disabilities.

In order for an intake to be scheduled, the following documents are needed to be completed and returned to our office. Once the team reviews the documents, the parent/guardian will be contacted to schedule the evaluation for the participant. The meeting will not be scheduled if all the forms are not submitted and fully completed. The documents needed are:

- Health Examination Form/Full Medical Evaluation
- Updated vaccination record including an updated PPD within the last 6 months.
- Medical Order form (attached) completed by your child's physician  
**(Please have your doctor include a PRN order for Benadryl if your child has allergies and a PRN order for Tylenol for pain or fever)**
- Copy of Medicaid Card and commercial insurance card
- Social Security Card
- Individualized Education Plan
- Life Plan
- Psychological Evaluation

Once your referral documents are completed, they can be emailed to [pdhc@stmaryskids.org](mailto:pdhc@stmaryskids.org), faxed to 718-281-8920, or sent via mail ATT: MDHC Program. If you need any assistance with this application process, please feel free to contact our coordinator at 718-281-8729.

Sincerely,

*Tiffany Damers*

Tiffany Damers  
Director  
Rehabilitation Services



Medical Day Healthcare Referral Form

Referral Date: \_\_\_\_\_

**Participant Information:**

Name: \_\_\_\_\_ Date of Birth/Age: \_\_\_\_\_

Address: \_\_\_\_\_

Medicaid Number: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Gender: \_\_\_\_\_ Primary Diagnosis: \_\_\_\_\_

**Parent/Guardian Information:**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Cell: \_\_\_\_\_ Home: \_\_\_\_\_

Email address: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

**Physician Contact Information:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Case Managers Information:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Services the participant is receiving**

Physical Therapy	<input type="checkbox"/> at school	<input type="checkbox"/> homecare	<input type="checkbox"/> outpatient
Occupational Therapy	<input type="checkbox"/> at school	<input type="checkbox"/> homecare	<input type="checkbox"/> outpatient
Speech therapy	<input type="checkbox"/> at school	<input type="checkbox"/> homecare	<input type="checkbox"/> outpatient

**Program Interested in:**

☐ Young Adult (9a-2p) ☐ Afterschool (3p-6:15p) ☐ Saturday (10a-3p)

(St. Mary's Hospital for Children does not discriminate in the admission, retention, or care of its patients because of race, creed, color, national origin, sex, disability, source of payment or sponsorship, marital status, or sexual preference)

# CHILD & ADOLESCENT HEALTH EXAMINATION FORM

NYC DEPARTMENT OF HEALTH &amp; MENTAL HYGIENE

DEPARTMENT OF EDUCATION

Please  
Print Clearly

NYC ID (OSIS)

## TO BE COMPLETED BY THE PARENT OR GUARDIAN

Child's Last Name	First Name	Middle Name	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male	Date of Birth (Month/Day/Year) ____/____/____
Child's Address			Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No	Race (Check ALL that apply) <input type="checkbox"/> American Indian <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Other
City/Borough	State	Zip Code	School/Center/Camp Name	District Number _____ Phone Numbers Home _____ Cell _____ Work _____
Health Insurance <input type="checkbox"/> Yes (including Medicaid)? <input type="checkbox"/> No	Parent/Guardian Last Name <input type="checkbox"/> Parent/Guardian <input type="checkbox"/> Foster Parent		First Name	Email

## TO BE COMPLETED BY THE HEALTH CARE PRACTITIONER

<b>Birth history (age 0-6 yrs)</b> <input type="checkbox"/> Uncomplicated <input type="checkbox"/> Premature: _____ weeks gestation <input type="checkbox"/> Complicated by _____ Allergies <input type="checkbox"/> None <input type="checkbox"/> Epi pen prescribed <input type="checkbox"/> Drugs (list) _____ <input type="checkbox"/> Foods (list) _____ <input type="checkbox"/> Other (list) _____ Attach MAF if in-school medications needed		<b>Does the child/adolescent have a past or present medical history of the following?</b> <input type="checkbox"/> Asthma (check severity and attach MAF): If persistent, check all current medication(s): Asthma Control Status <input type="checkbox"/> Anaphylaxis <input type="checkbox"/> Behavioral/mental health disorder <input type="checkbox"/> Congenital or acquired heart disorder <input type="checkbox"/> Developmental/learning problem <input type="checkbox"/> Diabetes (attach MAF) <input type="checkbox"/> Orthopedic injury/disability Explain all checked items above. <input type="checkbox"/> Intermittent <input type="checkbox"/> Quick Relief Medication <input type="checkbox"/> Well-controlled <input type="checkbox"/> Seizure disorder <input type="checkbox"/> Speech, hearing, or visual impairment <input type="checkbox"/> Tuberculosis (latent infection or disease) <input type="checkbox"/> Hospitalization <input type="checkbox"/> Surgery <input type="checkbox"/> Other (specify) _____ <input type="checkbox"/> Addendum attached. <input type="checkbox"/> Mild Persistent <input type="checkbox"/> Inhaled Corticosteroid <input type="checkbox"/> Moderate Persistent <input type="checkbox"/> Oral Steroid <input type="checkbox"/> Other Controller <input type="checkbox"/> None Pearly Controlled or Not Controlled Medications (attach MAF if in-school medication needed) <input type="checkbox"/> None <input type="checkbox"/> Yes (list below)	
<b>PHYSICAL EXAM</b> Date of Exam: ____/____/____ Height _____ cm (____ %ile) Weight _____ kg (____ %ile) BMI _____ kg/m <sup>2</sup> (____ %ile) Head Circumference (age ≤2 yrs) _____ cm (____ %ile) Blood Pressure (age ≥3 yrs) ____/____		<b>General Appearance:</b> <input type="checkbox"/> Physical Exam WNL NI Abnl <input type="checkbox"/> Psychosocial Development <input type="checkbox"/> HEENT <input type="checkbox"/> Lymph nodes <input type="checkbox"/> Abdomen <input type="checkbox"/> Skin <input type="checkbox"/> Language <input type="checkbox"/> Dental <input type="checkbox"/> Lungs <input type="checkbox"/> Genitourinary <input type="checkbox"/> Neurological <input type="checkbox"/> Behavioral <input type="checkbox"/> Neck <input type="checkbox"/> Cardiovascular <input type="checkbox"/> Extremities <input type="checkbox"/> Back/spine Describe abnormalities: _____	
<b>DEVELOPMENTAL (age 0-6 yrs)</b> Validated Screening Tool Used? _____ Date Screened ____/____/____ <input type="checkbox"/> Yes <input type="checkbox"/> No Screening Results: <input type="checkbox"/> WNL <input type="checkbox"/> Delay or Concern Suspected/Confirmed (specify area(s) below): <input type="checkbox"/> Cognitive/Problem Solving <input type="checkbox"/> Adaptive/Self-Help <input type="checkbox"/> Communication/Language <input type="checkbox"/> Gross Motor/Fine Motor <input type="checkbox"/> Social-Emotional or Personal-Social <input type="checkbox"/> Other Area of Concern: _____ Describe Suspected Delay or Concern: _____		<b>Nutrition</b> < 1 year <input type="checkbox"/> Breastfed <input type="checkbox"/> Formula <input type="checkbox"/> Both ≥ 1 year <input type="checkbox"/> Well-balanced <input type="checkbox"/> Needs guidance <input type="checkbox"/> Counseled <input type="checkbox"/> Referred Dietary Restrictions <input type="checkbox"/> None <input type="checkbox"/> Yes (list below) _____ <b>SCREENING TESTS</b> Date Done ____/____/____ Results _____ Blood Lead Level (BLL) (required at age 1 yr and 2 yrs and for those at risk) _____ µg/dL Lead Risk Assessment (annually, age 6 mo-6 yrs) _____ <input type="checkbox"/> At risk (do BLL) <input type="checkbox"/> Not at risk Child Care Only _____ Hemoglobin or Hematocrit _____ g/dL _____ %	
Child Receives EI/CPSE/CSE services <input type="checkbox"/> Yes <input type="checkbox"/> No CIR Number _____		Physician Confirmed History of Varicella Infection <input type="checkbox"/> Report only positive immunity: IgG Titers Date Hepatitis B _____ Measles _____ Mumps _____ Rubella _____ Varicella _____ Polio 1 _____ Polio 2 _____ Polio 3 _____	

### IMMUNIZATIONS - DATES

DTP/DaP/DT	Td	Polio	Hep B	Hib	PCV	Influenza	HPV	MMR	Varicella	Mening ACWY	Hep A	Rotavirus	Mening B	Other	Tdap	IgG Titers	Date
____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____	____/____/____

<b>ASSESSMENT</b> <input type="checkbox"/> Well Child (200.129) <input type="checkbox"/> Diagnoses/Problems (list) _____ ICD-10 Code _____	<b>RECOMMENDATIONS</b> <input type="checkbox"/> Full physical activity <input type="checkbox"/> Restrictions (specify) _____ Follow-up Needed <input type="checkbox"/> No <input type="checkbox"/> Yes, for _____ Appt. date: ____/____/____ Referral(s): <input type="checkbox"/> None <input type="checkbox"/> Early intervention <input type="checkbox"/> IEP <input type="checkbox"/> Dental <input type="checkbox"/> Vision <input type="checkbox"/> Other _____
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Health Care Practitioner Signature	Date Form Completed ____/____/____	DOHMH ONLY PRACTITIONER I.D. _____
Health Care Practitioner Name and Degree (print)	Practitioner License No. and State	TYPE OF EXAM: <input type="checkbox"/> NAE Current <input type="checkbox"/> NAE Prior Year(s)
Facility Name	National Provider Identifier (NPI)	Comments: _____
Address	City	Date Reviewed: ____/____/____ I.D. NUMBER _____
Telephone	Fax	REVIEWER: _____
Email		FORM ID# _____

ST. MARY'S MEDICAL DAY HEALTHCARE PROGRAM  
PHYSICIAN'S MEDICAL ORDERS

Client: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Primary Diagnosis (include ICD-10 code): \_\_\_\_\_

Secondary Diagnoses (include ICD-10 code): \_\_\_\_\_

Allergies: \_\_\_\_\_

Has the child ever exhibited exercise induced asthma? ☐ No ☐ Yes- If yes, please explain how it's treated: \_\_\_\_\_

**MEDICATIONS: (List all medications the client is taking). PLEASE INCLUDE ORDERS FOR PRN  
TYLENOL/MOTRIN/BENEDRYL FOR PAIN/FEVER/ALLERGIES.**

FREQUENCY	MEDICATION			

**NURSING ASSESSMENTS:**

- ☐ Vital Signs, Frequency: \_\_\_\_\_ ☐ Urinary Catheterizations, Frequency: \_\_\_\_\_
- ☐ Blood glucose monitoring: Frequency: \_\_\_\_\_ ☐ Tube Feedings (provide specific medical orders)
- ☐ Central line care ☐ Oximeter reading ☐ Trach Care (provide specific medical orders)
- Systems to Focus on: ☐ Respiratory ☐ Cardiovascular ☐ Neurological ☐ GI/GU
- ☐ Other: \_\_\_\_\_
- Diet: ☐ Regular ☐ Modified ☐ Carb counting \_\_\_\_\_ carbs per meal
- ☐ Other: \_\_\_\_\_

Physical Therapy: ☐ as per therapist evaluation

Occupational Therapy: ☐ as per therapist evaluation

Speech Therapy: ☐ as per therapist evaluation

Nutrition: ☐ as per therapist evaluation

☐ I certify that the above patient does not require 24hr inpatient or residential health care and is medically appropriate for participation in the Medical Day Care Program.

☐ I certify that the above patient is not suffering from a communicable disease that constitutes a danger to other clients or staff.

Physician Name: (Print) \_\_\_\_\_

Signature: \_\_\_\_\_ License # \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Date: \_\_\_\_\_

THIS FORM MUST BE **STAMPED** BY THE PHYSICIAN

**If the child/young adult is a diabetic, please complete the reverse side of this form.**