

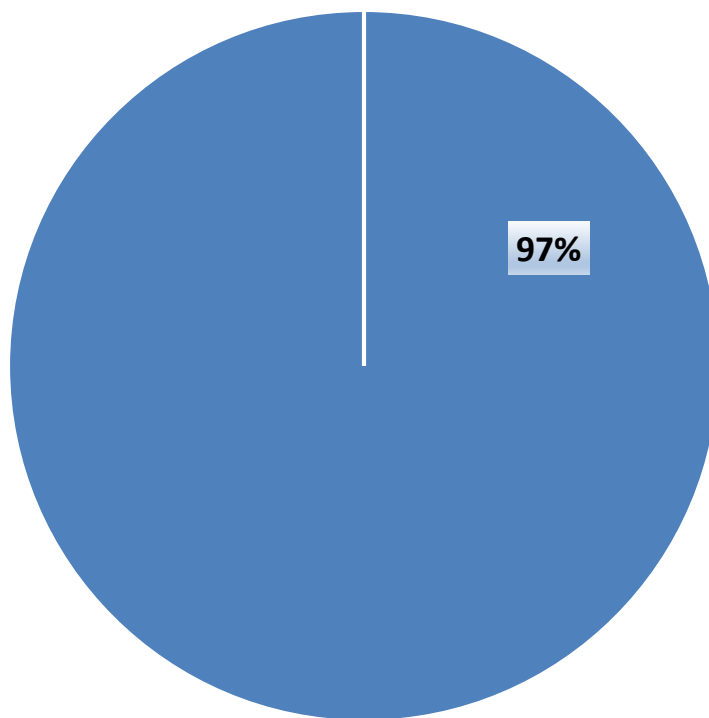
Telehealth Outcomes, 2023

The Center for Pediatric Feeding Disorders



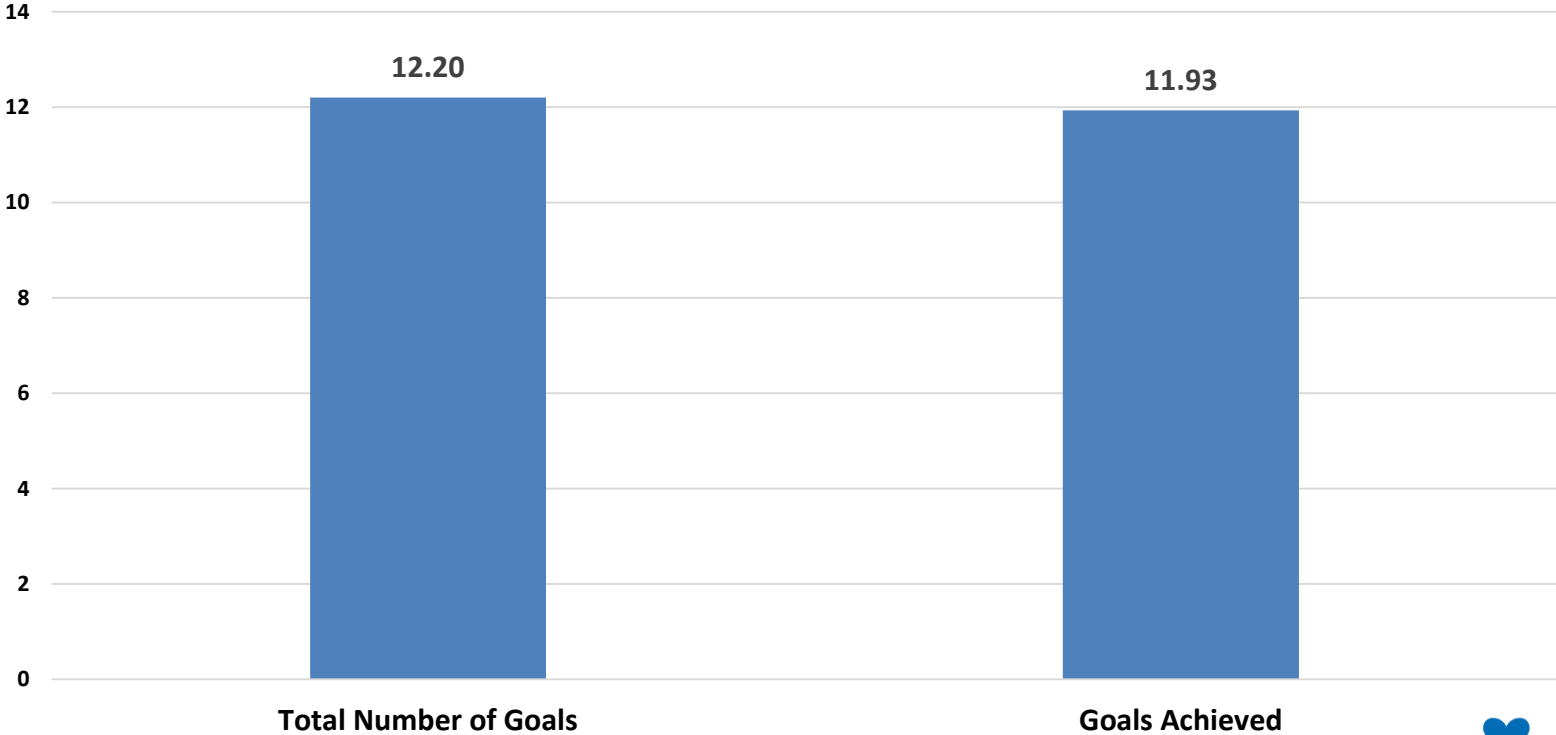
In 2023, the Feeding Program had 15 Telehealth Day Patients who completed admission. The average admission was approximately 36 days and 94 feeding sessions (range: 37-179). Patients achieved 97% of their goals on average.

Percentage Admission Goals Achieved, 2023 (n=15)



Our average patient had approximately 12 goals of care at admission. 13/15 Day Patients achieved 100% of their goals.

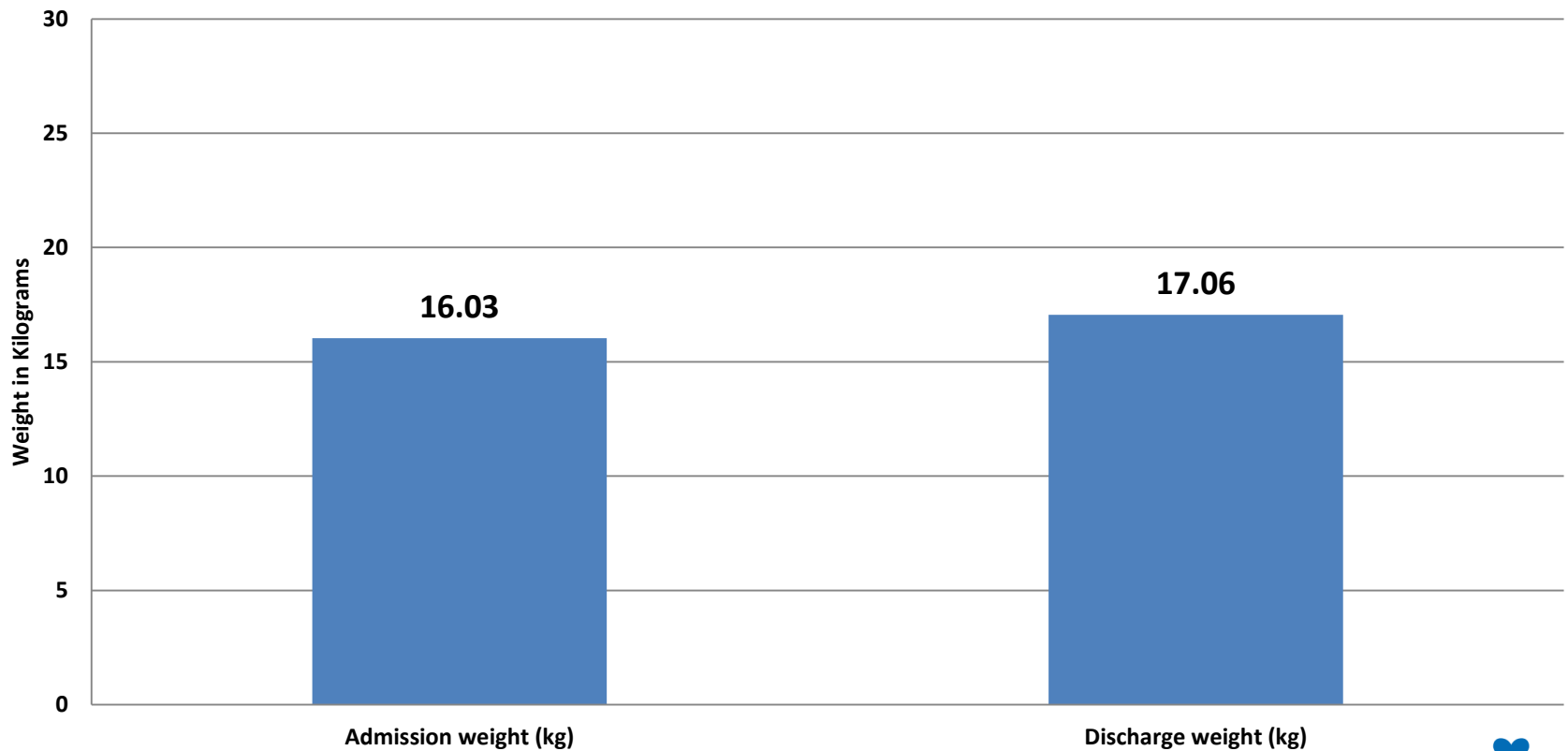
Average Feeding Goals and Goals Achieved, 2023 (n=15)
Average Patient Achieves 97% of Goals



During a typical 6-8 week admission, the average weight gain was 1.03 kg (approximately 2.27 lbs). Note: for many patients weight maintenance, not gain, was a goal.

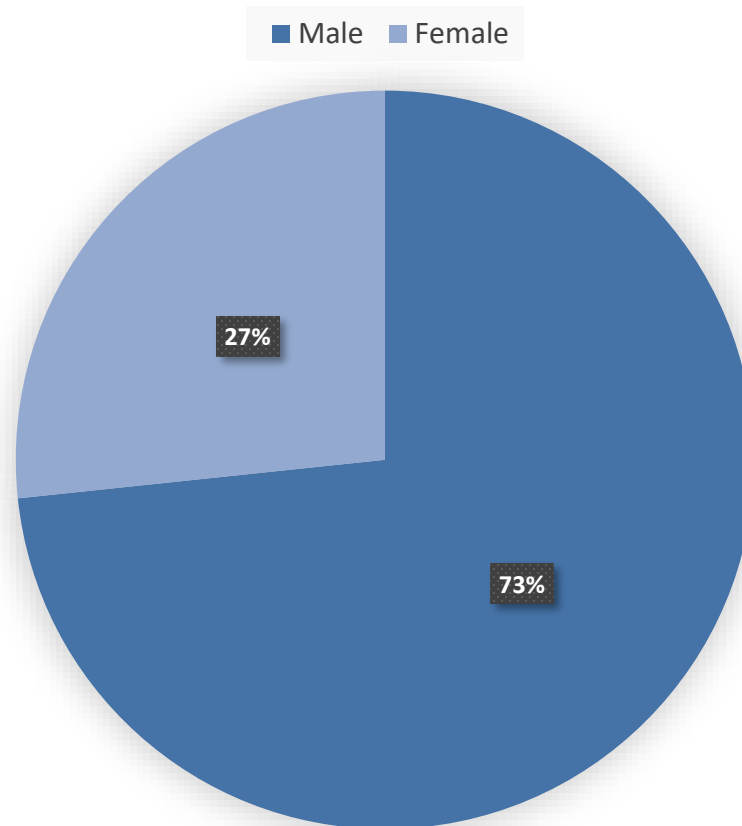
Average Weights, in kilograms, 2023 (n=15)

Average change in weight: 1.03 kg.



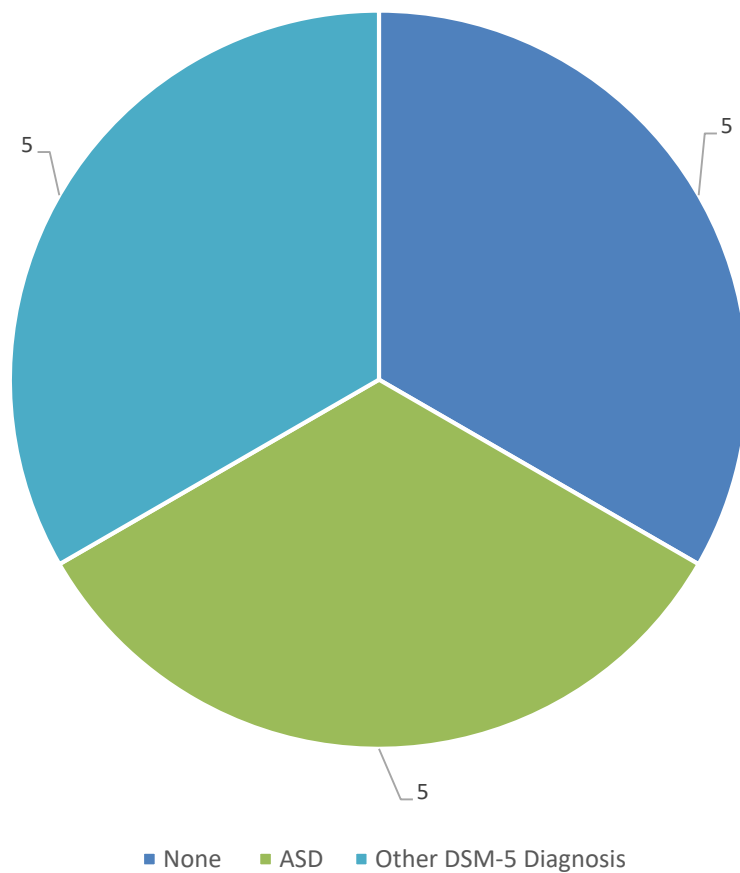
The majority of patients were male, which has been the prevailing pattern. Average age at admission 50 months (4y, 2m). Range: 21 months (1y, 9m) to 108 months (9y).

Gender, 2023 (n=15)



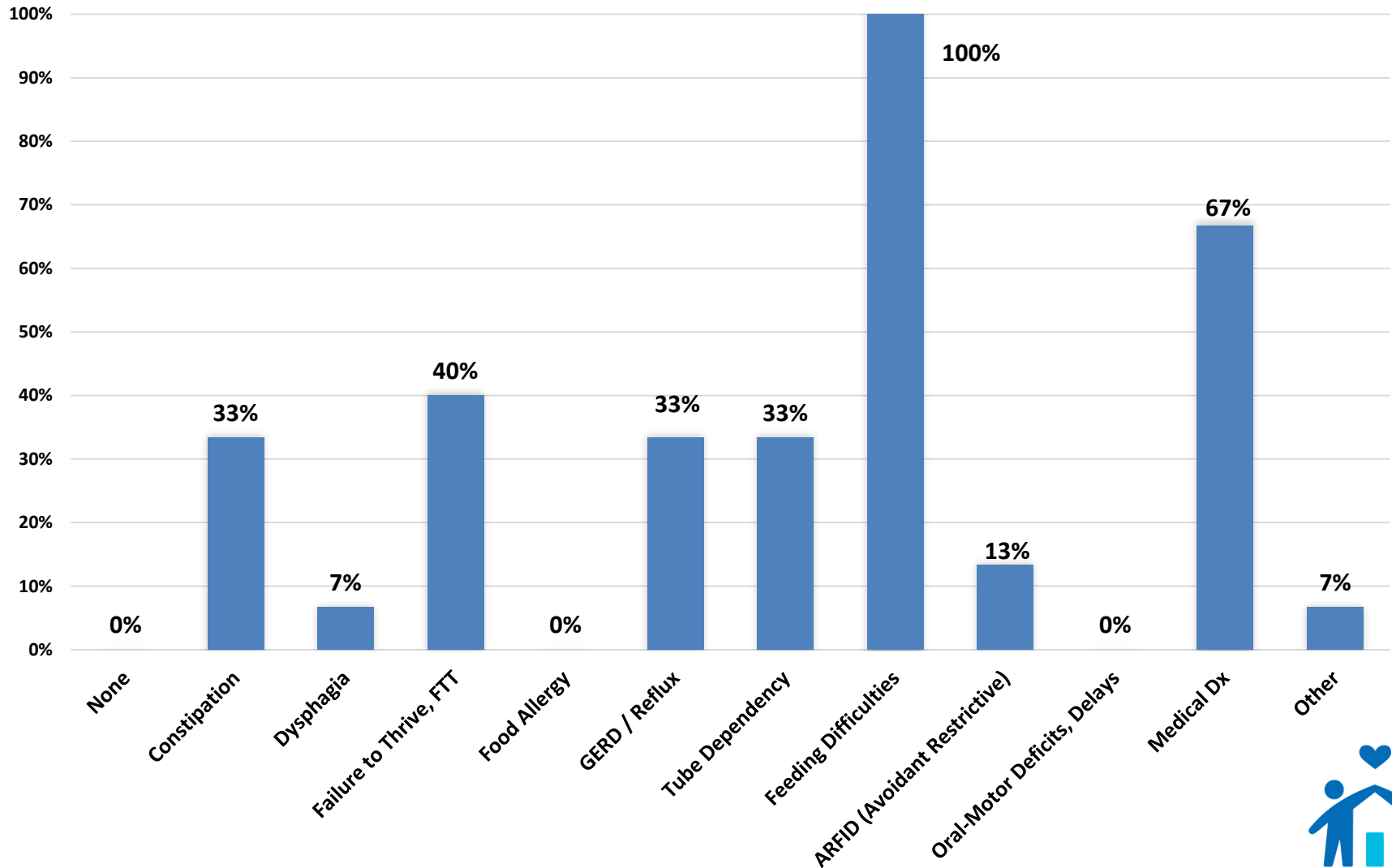
Developmental disorders were evenly split among the Telehealth population. DSM-5 psychiatric disorders include AD/HD, anxiety, mood disorders, etc.

Diagnosis, Developmental and Psychiatric, 2023 (n=15)



All patients presented with at least 1 gastric or medical feeding-related diagnosis or condition.

Percentage of Patients with Gastric, Other Diagnoses/Conditions, 2023 (n=15)

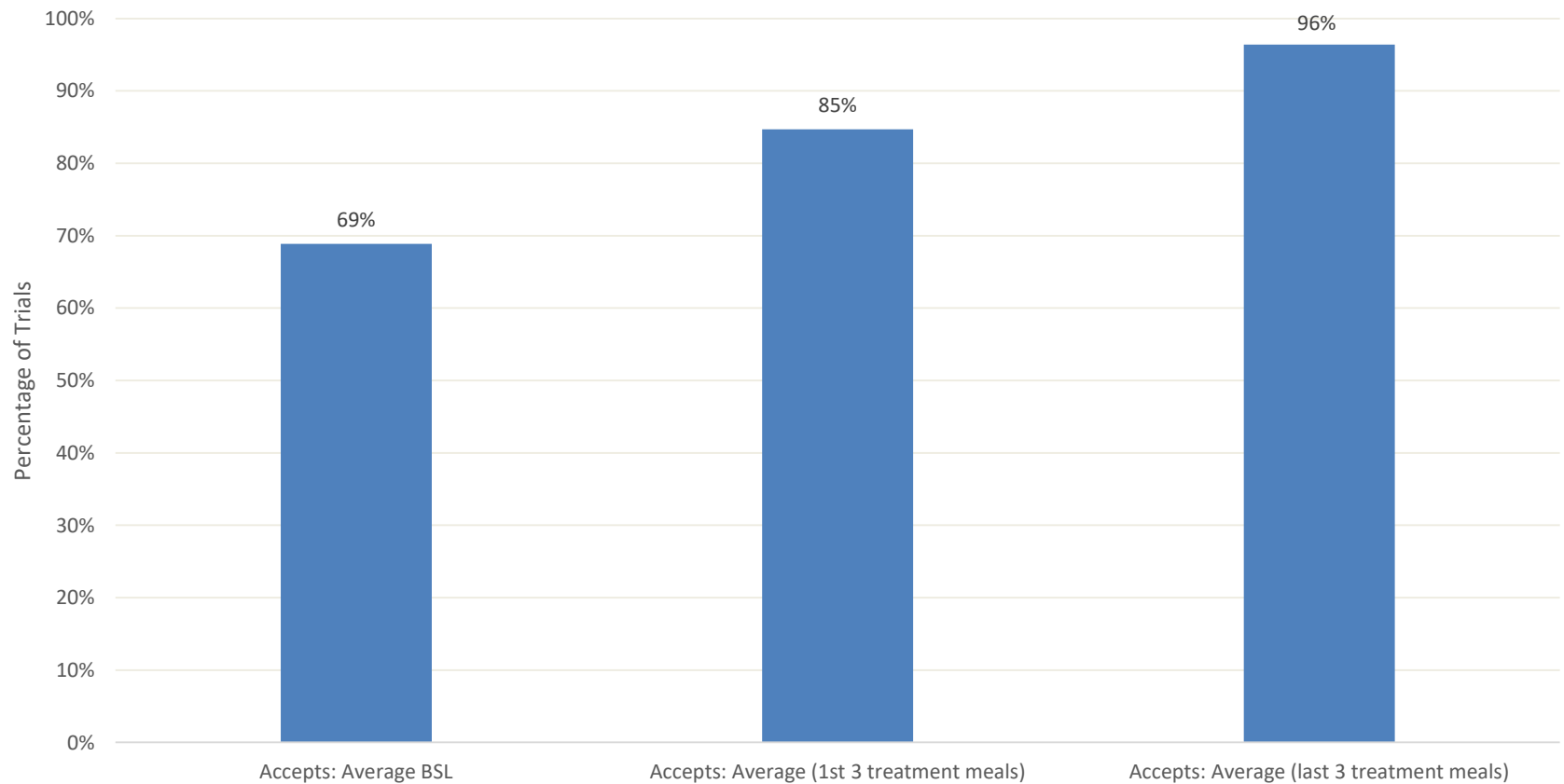


Criteria for TeleHealth Services Candidacy

- The telehealth model is only appropriate for patients who do not post a risk to themselves or others with regard to their behavior
- Typically a patient deemed appropriate will present with lower levels of interruptions and higher levels of acceptance

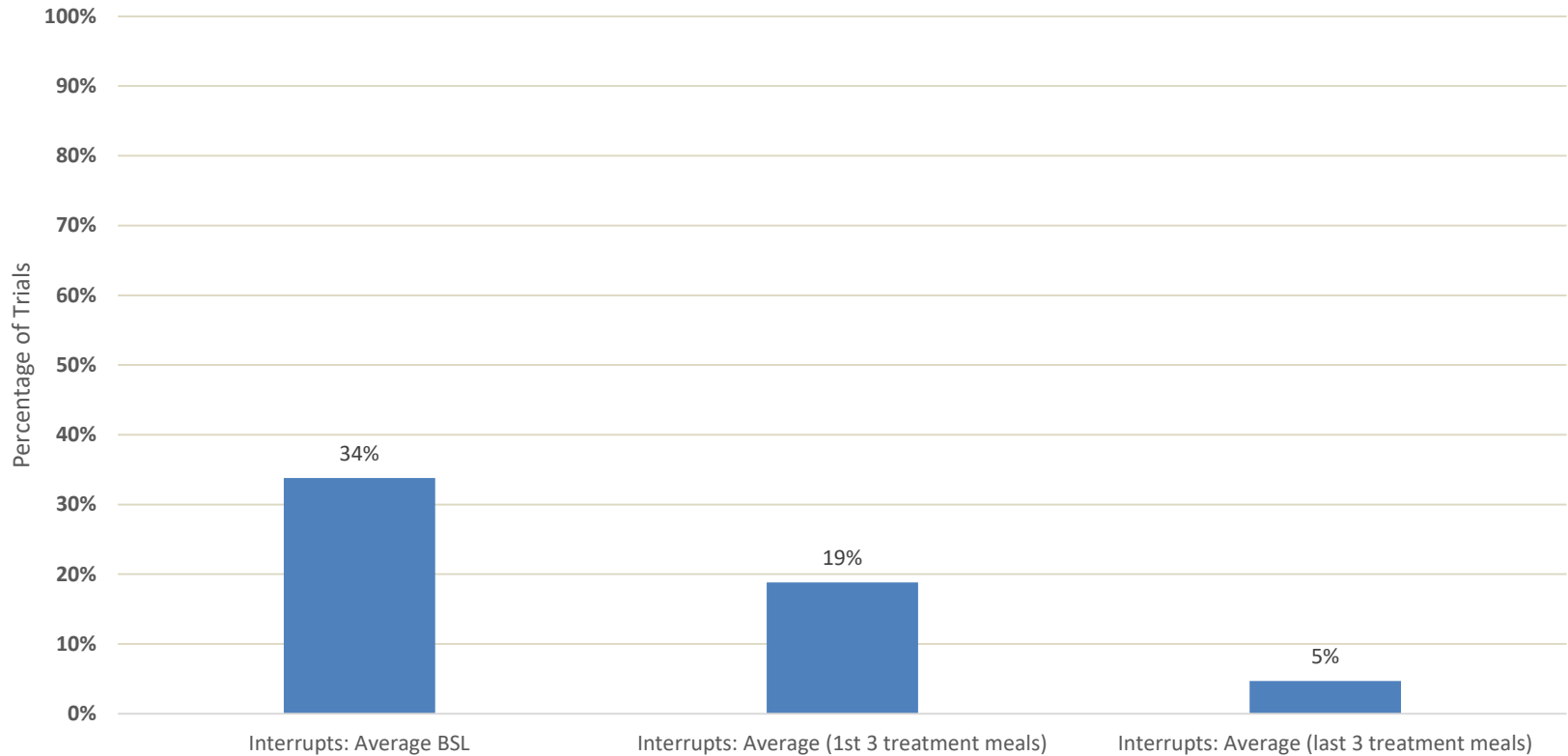
On average, patients increased acceptance behaviors by 27% from baseline to last 3 sessions.

Acceptance Behaviors, percentage of trials, 2023 (n=15)



On average, patients decreased interruption behaviors by 29% from baseline to last 3 sessions.

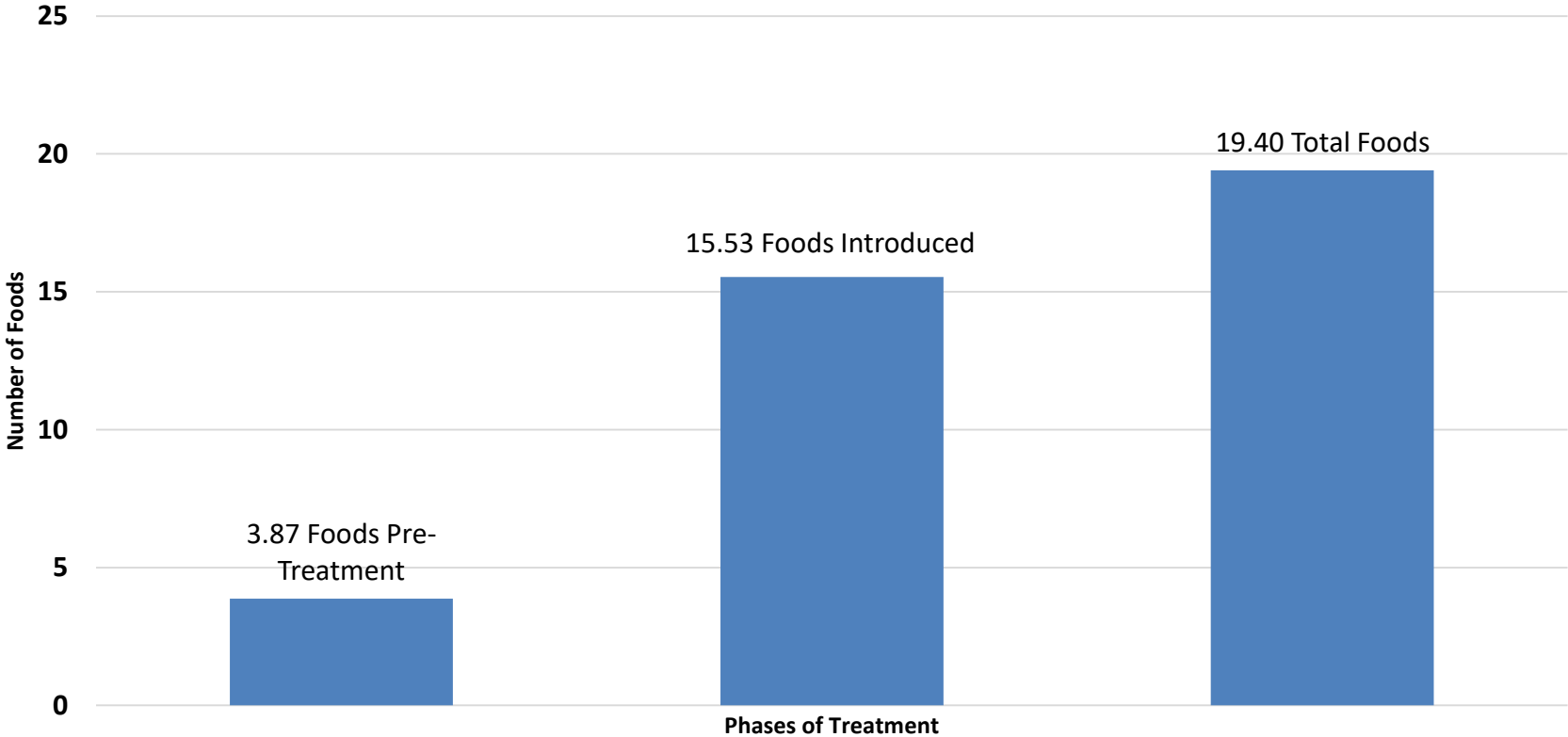
Interruption Behaviors, percentage of trials, 2023 (n=15)



On average patients, added approximately 16 new foods, an increase of 401%, to their diets.

Number of Foods Accepted, 2023 (n=15)

Average percentage increase: 401%



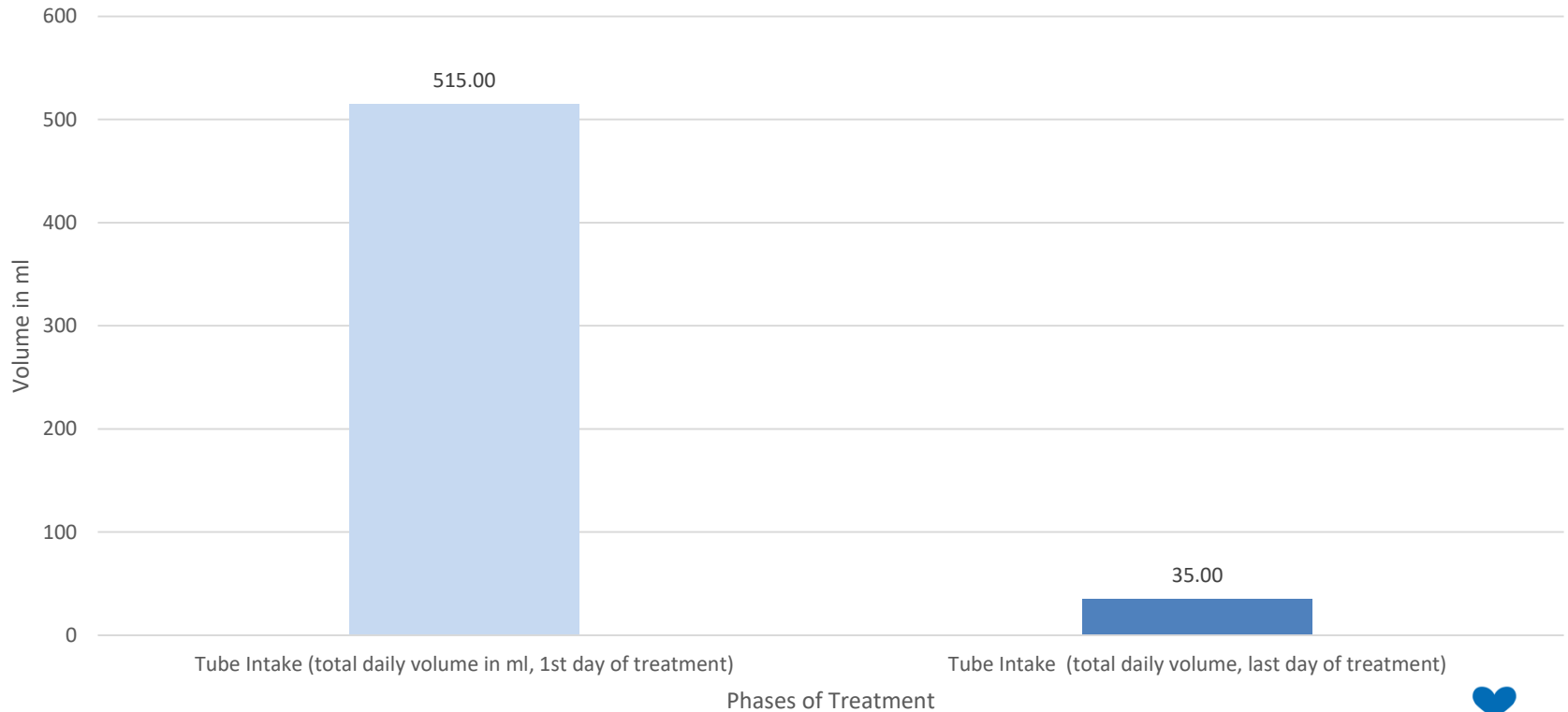
Average Volume Intake by Food Type

Keep in mind:

- Each patient's treatment targets a different combination of food type/texture.
- An average volume for an easily consumed food, like a liquid, will always exceed that of a more challenging texture, like chewables for those just learning to chew.
- These are averages based on patients whose treatment included this food type/texture.

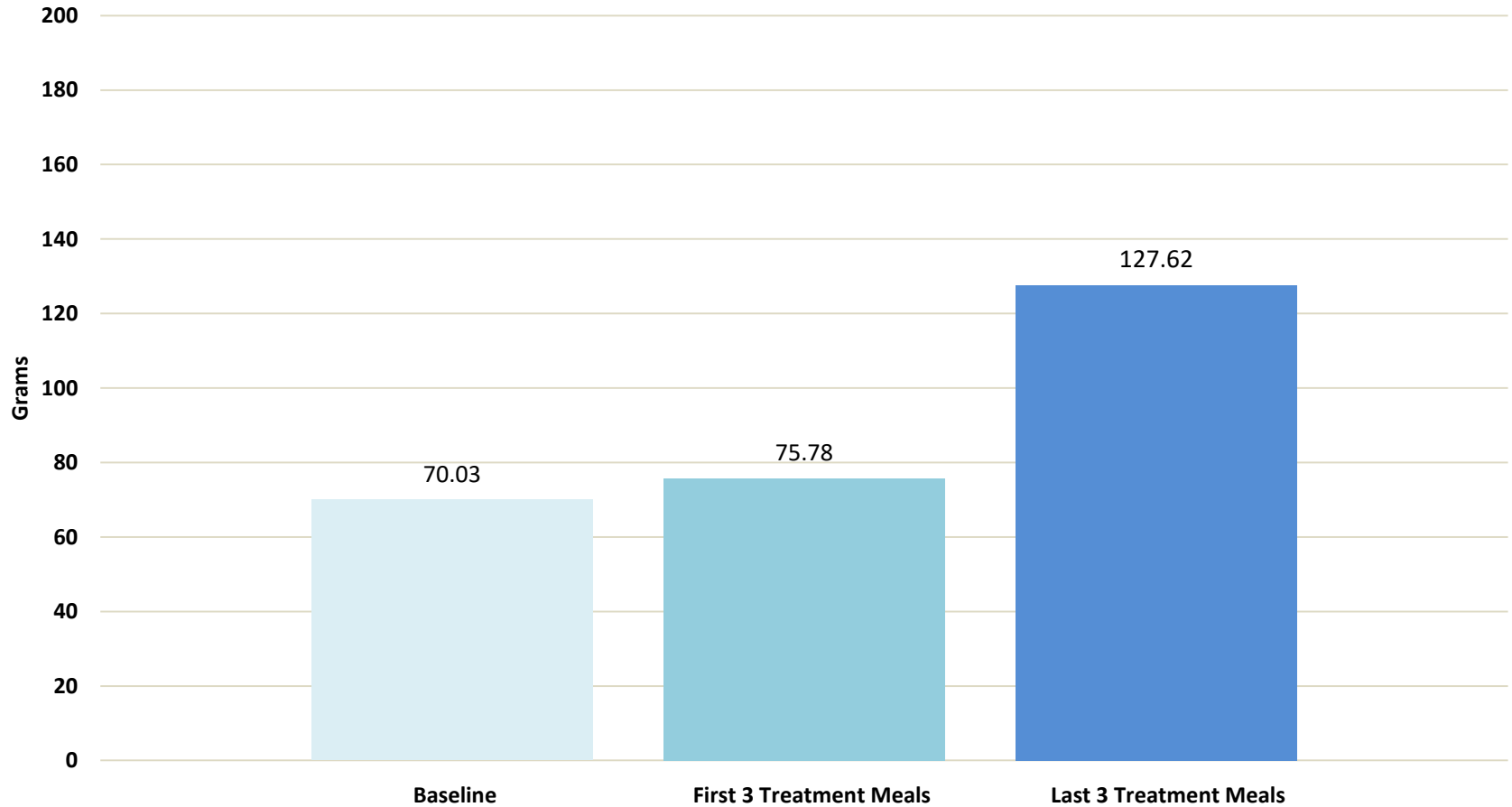
In 2023, 3 patients had feeding tubes. Overall tube dependency was reduced by 93%.

Grams per Meal: Tube Intake, 2023 (n=3)
Note: 2 patients reduced tube dependency by 100%



Intake by Mouth: Grams per Meal: Liquid Only, 2023 (n=12)

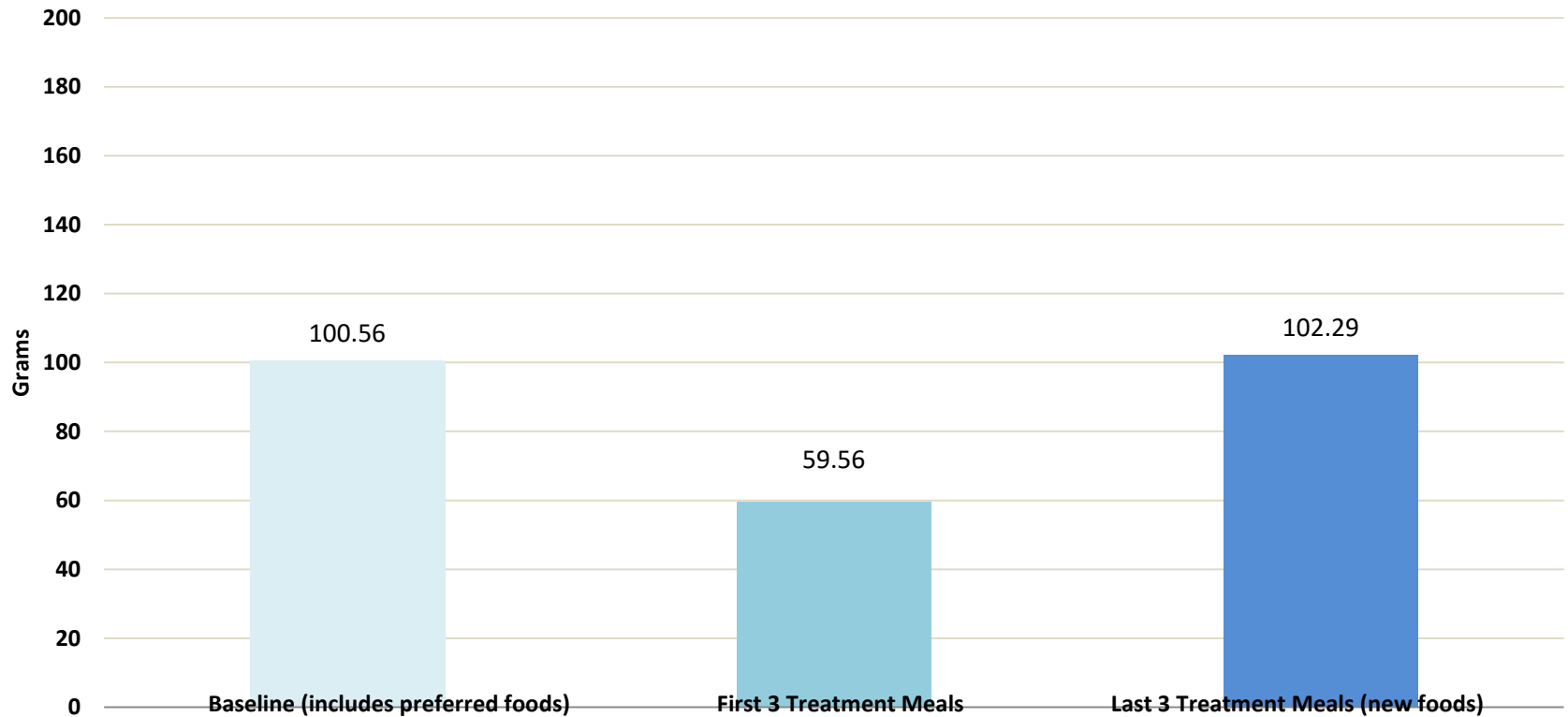
Average percentage increase: 45%



Grams per Meal: Puree Only, 2023 (n=9)

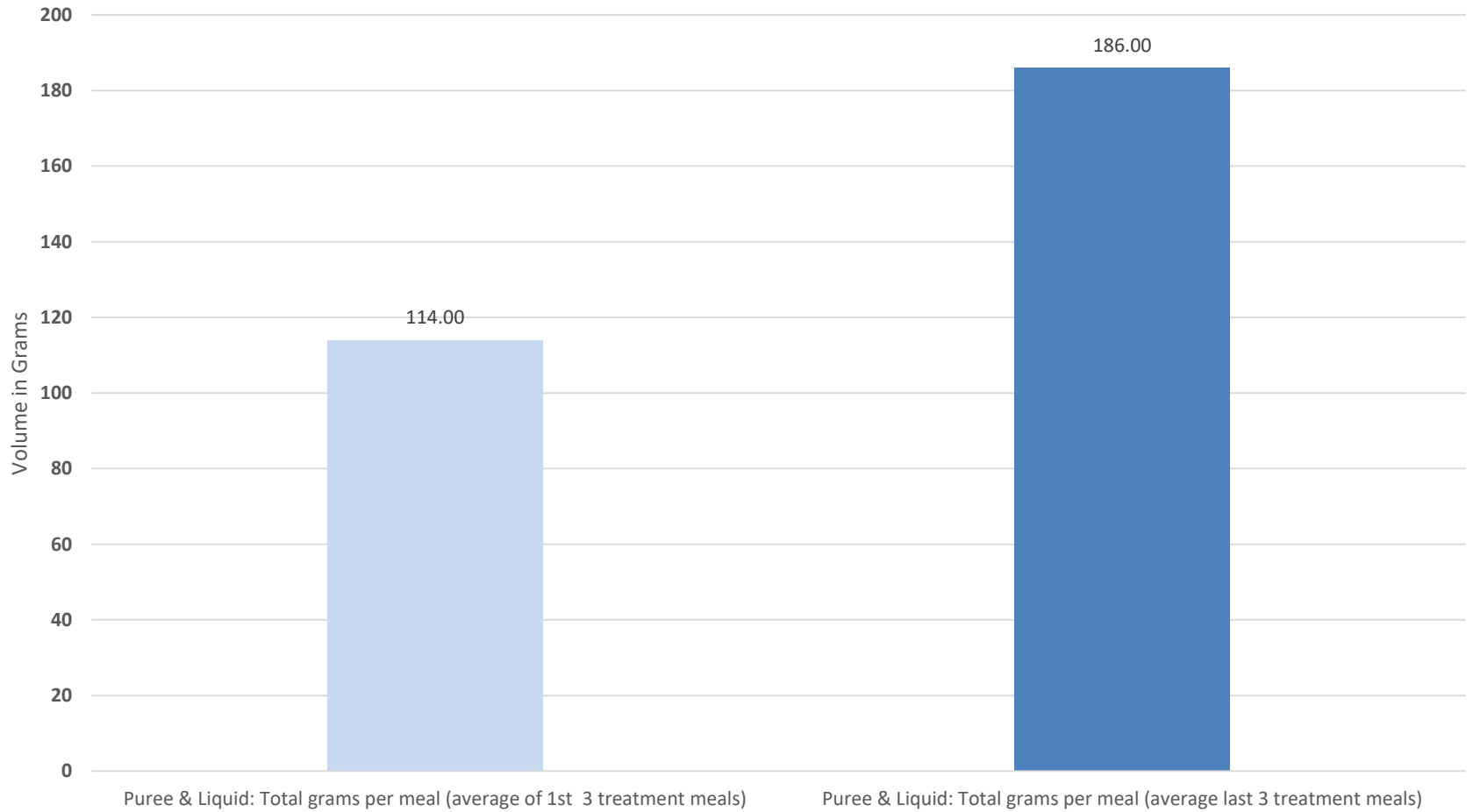
Average percentage increase: 2%

Note: from first 3 to last 3 averaged 42% increase



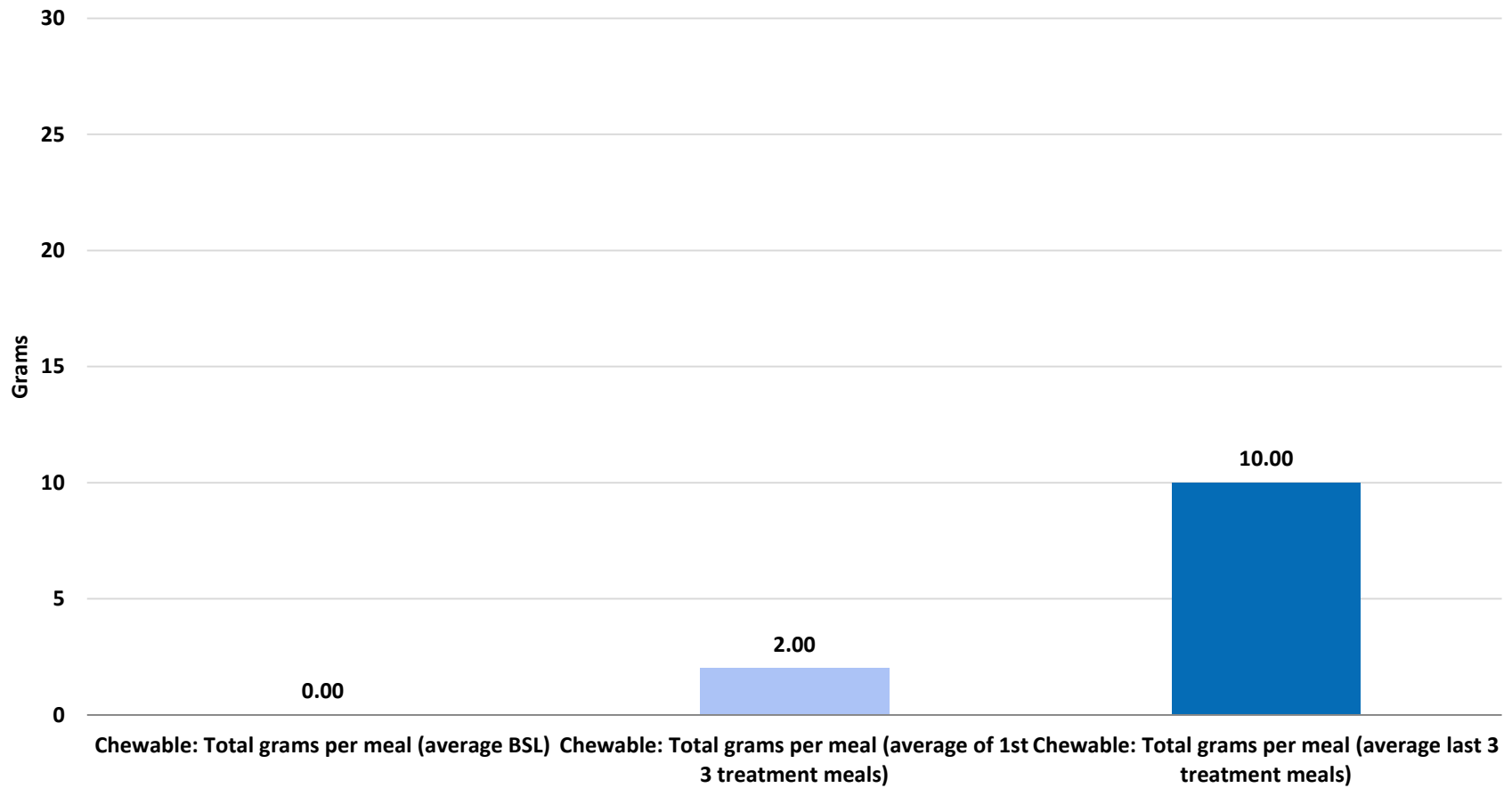
Grams per Meal: Puree & Liquid Combined, 2023 (n=1)

Percent Increase: 39%



Grams per Meal: Combined: Chewable Only, 2023 (n=1)

Percentage Increase: 100%





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